## **Preliminary PROGRAM**

# Arthroscopy of the Shoulder

# Latest advances in treatment of shoulder instability and rotator cuff pathology

## Wednesday, July 3, 2019

08.00 Welcome and registration

## Shoulder Instability

- 08.15 Opening: Derek van Deurzen
- 08.30 Radiology work up for the unstable shoulder
- 08.50 Arthroscopic aspects of shoulder instability
- 09.10 Surgical decision making in shoulder instability
- 09.30 Arthroscopic repair of shoulder instability: "How I do it"

### 09.50 Coffee break

- 10.10 Tips and trics for arthroscopic bony procedures
- 10.30 MDI do/don't operate
- 10.50 Glenoid track concept and how to deal with Hill Sachs lesions.
- 11.10 Posterior shoulder instability
- 11.30 Open bony procedures Latarjet
- 12.00 Lunch
- 12.30 Demo arthroscopic Bankart open/arthroscopic Latarjet

## 14.15 Tea break

- 14.30 HANDS-ON instability repair
- 17.30 Drinks
- 18.00 Departure by bus for dinner. Faculty and participants registered for the course on Thursday are invited.

Faculty: Tjarco ALTA Julie McBIRNIE Derek van DEURZEN Hannan MULLETT Ronald WESSEL Jaap WILLEMS Henk Jan vd WOUDE

More T.B.A.

## Thursday, July 4, 2019

#### **Rotator cuff pathology**

- 08.15 Opening: Derek Van Deurzen
- 08.30 Radiology work up in rotator cuff pathology
- 08.50 Guideline for treatment of Sub Acromial Pain Syndrome
- 09.10 Surgical decision making in rotator cuff lesions
- 09.30 Biceps and SLAP lesions
- 09.50 Arthroscopic treatment of partial and full thickness tears: "How I do it"

#### 10.15 Coffee break

- 10.45 Single or double row repair?
- 11.05 Subscapularis repair
- 11.25 Massive rotator cuff tears, can they be repaired?
- 11.45 Tendon transfers: when and how?
- 12.05 Arthroscopic latissimus dorsi transfer

### 12.30 Lunch

- 13.00 Demo shoulder: Rotator cuff repair and Latissimus dorsi transfer
- 14.30 HANDS-ON Rotator cuff repair / biceps tenodesis / Latissimus dorsi transfer

## 16.30 Tea break

17.00 Dissection Ronald Bleys, The Netherlands

#### 18.00 Drinks

18.15 Departure by bus for dinner in 'Slot Zeist'. Drinks, dinner and scientific session together with the Dutch Shoulder and Elbow Society. National Best Paper prize award session Faculty and participants registered for the courses on Thursday and Friday are invited.

Faculty: Tjarco ALTA Julie McBIRNIE Ronald BLEYS Derek van DEURZEN Victor van der HULST Hannan MULLETT Jaap WILLEMS

More T.B.A.